



Harps and healing Sounds a little like heaven!

About 3,000 years ago there lived in the city of Bethlehem, a young shepherd boy called David, who would be summoned frequently during the night to the chambers of the ailing King Saul to play his harp. The disturbed king was afflicted with nightmares and fits of anger that were affecting both his physical and mental health. But when the harp was played, his flagging spirits were restored. Today, 3,000 years later, medical research is proving the healing effects of the harp. And the unwieldy instrument has become a routine fixture during